

Stoke Heath Family Centre

Vision

We are Stoke Heath! Our **community** supports and grows **together**. We celebrate our **diversity** and promote equality.

We are all learners who are inclusive, honest and respectful.

Together, we strive to fulfil our **potential** and make a positive contribution to society.

We are lifelong learners

We are a safe space

We are inclusive

We are open to everyone

We are Stoke Heath



What does WE ARE STOKE HEATH mean to you?

We asked our children staff and governors.

Have your say at the Family Centre each Wednesday, where you can fill in what Stoke Heath means to you!

What's on: Please use the family centre entrance for all sessions.

Mondays 8:45-10:30 - Stay, Play and Learn. Open to all children and babies from 0-5yrs. 3:15-4pm - Parent and child arts and craft session.

Tuesdays: All-day Adult education. Early years and childcare courses. Enrolment dates for September will be coming out soon so look out for dates on the Study Bugs app.

<u>Wednesdays</u> are Early Help days! <u>From 1pm</u>, Staff will be available to support with Early Help – please come and see us if there is something you are worried about.

Community Shop and Stop from 1:30pm. Get 10 items of food for just £3.50! You are also welcome to stay for a cup of tea and a chat to our friendly volunteers.

15th May - Clothing Coventry will be here giving away free school uniforms and summer clothing for children and adults.

20th May and 1st July - One Stop Shop 1-3:15. There will be several agencies in the centre to offer you support and advice with housing issues, debt, benefits, immigration and more. Please look out for precise details closer to the time, on Studybugs and via email.

We have taken on 2 student counsellors to support parents, carers and members of our community. If you feel you could benefit from face-to-face counselling, please come and talk to Del.

"The community shop is fantastic and helps a lot of families, it's very good value when you haven't got any money."

"Doing different activities and interacting with other children has really improved my child's confidence." (Parent attendee of Play and Learning Together sessions.

May half-term Holiday Ideas

Go onto the <u>Coventry Rocks!</u> Website so see what is going on in Coventry over the half-term holidays!

https://www.coventryrocks.co.uk/things-to-do/whats-on-in-coventry-half-term

Hermit's Hollow Adventure Playground | Coombe Abbey

Inspired by it's natural setting, Hermit's Hollow is the perfect outdoor play space for your little ones to explore. It offers a wide variety of adventure play features incorporated into the play structures, allowing visitors young and old to navigate the Hollow's various bridges, walkways, ramps and tunnels.

- · Dates: Open every day 10am 6pm
- Location: Coombe Country Park, Binley, CV3 2AB
- Booking: Pre-booking is recommended.

Motofest | City Centre

MotoFest Coventry is a weekend of non-stop cultural celebration and motoring madness. Free family fun in the UK's Motor City. Discover how Coventry's heritage is shaping the city's future.

Dates: Saturday 1st & Sunday 2nd June 2024

Location: Coventry City Centre & Ringroad

Price: FREE

Booking: No need to book, just turn up!



How to contact us for advice or to find out more:

Tel: 02476 454741

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Alison Jones, family support worker
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Money Saving Advice and Support

Children's Boot Fund

If you are on a low income and your children need new school shoes, come and let the office know and complete a boot fund application. Only one application per year is accepted.

You could get up to 70% off the average Severn Trent bill.

The <u>Big Difference Scheme</u> can offer a reduction of water bills to any Severn Trent customer with a household income below £22,010.

Households with child dependents may be eligible for an additional income allowance in excess of this amount.

The Scheme will assess your household income when you apply, and that assessment will determine how big a reduction you're eligible for.

If your application is successful, you'll get a brand new payment plan. The Big Difference Scheme will design a payment plan especially for you which will include payments towards any outstanding debt on your account.

https://www.stwater.co.uk/my-account/help-when-you-need-it/help-with-paying-your-bill/big-difference-scheme/

Healthy Start

If you're more than 10 weeks pregnant or have a child under 4, the Healthy Start scheme can help you: buy healthy foods like milk or fruit, get free vitamins. You need to be claiming certain benefits to qualify.

https://www.healthystart.nhs.uk/