

Year 6

Our Safety	Our Relationships	Our Bodies
To learn the features of healthy and unhealthy friendships to compare the features of a healthy and unhealthy friendship	To learn what it means to be attracted to someone what it means to be attracted to someone and different kinds of loving relationships that people who love each other can be of any gender, ethnicity or faith	To learn about the risks and effects of different drugs about the risks and effects of different drugs to recognise why people choose to use or not use drugs, including nicotine, alcohol and medicines as well as illegal drugs
To learn to assess the risks of different challenges how to assess the risk of different online 'challenges' and 'dares' how to get advice and report concerns about personal safety, including online	To learn the qualities of a healthy relationships about the qualities of healthy relationships that help individuals flourish	To learn about the reason people use drugs about mixed messages in the media relating to drug use and how they might influence opinions and decisions about the organisations where people can get help and support concerning drug use how to ask for help if they have concerns about drug use
To learn about shared responsibility about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong	To learn about gender and sexual identity the difference between gender identity and sexual orientation and everyone's right to be loved that for some people their gender identity does not correspond with their biological sex	To learn about the responsibilities of having a baby about the responsibilities of being a parent or carer and how having a baby changes someone's life
To learn how to respond to pressure from others strategies to respond to pressure from friends including online how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable	To learn how people can show their love to each other ways in which couples show their love and commitment to one another, including those who are not married or who live apart	To learn what sexual intercourse is what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults
To learn how to seek and give consent what consent means and how to seek and give/not give permission in different situations	To learn to identify the links between love, relationships and sex Identify the links between love, committed relationships and conception	To learn how pregnancy occurs how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb
To learn about laws relating to drugs about the laws relating to drugs common to everyday life and illegal drugs	To learn about marriage and civil partnership what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults that people have the right to choose whom they marry or whether to get married that to force anyone into marriage is illegal how and where to report forced marriage or ask for help if they are worried	To learn how pregnancy can be prevented that pregnancy can be prevented with contraception
Our Community	Our Future	Our Feelings and well-being
To learn the link between values and behaviour about the link between values and behaviour and how to be a positive role model	To learn what influences decisions about money about the role that money plays in people's lives, attitudes towards it and what influences decisions about money	To learn some of the changes that happen as you grow up to recognise some of the changes as they grow up e.g. increasing independence
To learn to identify and challenge discrimination what prejudice means to differentiate between prejudice and discrimination how to recognise acts of discrimination strategies to safely respond to and challenge discrimination	To learn to identify value for money about value for money and how to judge if something is value for money	To learn what causes grief about the changes that may occur in life including death, and how these can cause conflicting feelings that changes can mean people experience feelings of loss or grief about the process of grieving and how grief can be expressed
To learn to identify and challenge stereotypes how to recognise stereotypes in different contexts and the influence they have on attitudes and understanding of different groups how stereotypes are perpetuated and how to challenge this	To learn how to be a critical consumer how companies encourage customers to buy things and why it is important to be a critical consumer	To learn strategies to help manage grief about strategies that can help someone cope with the feelings associated with change or loss to identify how to ask for help and support with loss, grief or other aspects of change
To learn how to discuss issues respectfully how to discuss issues respectfully how to listen to and respect other points of view how to constructively challenge points of view they disagree with ways to participate effectively in discussions online and manage conflict or disagreements	To learn the impact of not having money how having or not having money can impact on a person's emotions, health and wellbeing	To learn how to be more independent about what being more independent might be like, including how it may feel
	To learn about risks associated with money about common risks associated with money, including debt, fraud and gambling how to get help if they are concerned about gambling or other financial risks	To learn how to manage feelings associated with change about the transition to secondary school and how this may affect their feelings about how relationships may change as they grow up or move to secondary school
		To learn strategies to help manage change practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school
Our Digital World		
To learn some positives and negatives about the internet about the benefits of safe internet use e.g. learning, connecting and communicating how online content can be designed to manipulate people's emotions and encourage them to read or share things the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online	To learn how to use social media safely why people choose to communicate through social media and some of the risks and challenges of doing so that social media sites have age restrictions and regulations for use the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online	To learn about sharing things online about sharing things online, including rules and laws relating to this how to recognise what is appropriate to share online how to report inappropriate online content or contact the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online
To learn why age restrictions are important about the different age rating systems for social media, TV, films, games and online gaming why age restrictions are important and how they help people make safe decisions about what to watch, use or play the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online	To learn how and why images online might be manipulated, altered, or faked how and why images online might be manipulated, altered, or faked how to recognise when images might have been altered the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online	To learn about sharing images online to identify types of images that are appropriate to share with others and those which might not be appropriate that images or text can be quickly shared with others, even when only sent to one person, and what the impact of this might be the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online
To learn the importance of good digital habits how balancing time online with other activities helps to maintain their health and wellbeing strategies to manage time spent online and foster positive habits e.g. switching phone off at night	To learn to make good decisions about online contact Recognise people online may not be who they really are Understanding what personal information is Know what is suitable for sharing and what is not	To learn strategies for managing online requests strategies for dealing with requests for personal information or images of themselves what to do if they take, share or come across an image which may upset, hurt or embarrass them or others how to report the misuse of personal information or sharing of upsetting content/images online the reasons why some media and online content is not appropriate for children what to do and whom to tell if they are frightened or worried about something they have seen online